



HEBREWS 12

5 And have you forgotten the exhortation that addresses you as sons? “My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him.**6** For the Lord disciplines the one he loves, and chastises every son whom he receives.” **7** It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? **8** If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. **9**

Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? **10** For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness.**11** For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.